GLOSSARY AND ACRONYMS

Glossary

ACCREDITATION: A peer review process by which an organization is evaluated against established clinical, financial, and organizational standards on a regularly scheduled basis. In Indiana, JCAHO and CARF accredit mental health and addiction provider organizations.

ACTUARIAL NEEDS ASSESSMENT: Examination of the pattern of service utilization and need across specific consumer groups over a specified period of time to establish insurance premiums and provide payments.

ALLOCATION: As used in this report, the DMHA action determining dollars available to a particular activity. **APPROPRIATION:** A legislative act authorizing the expenditure of a designated amount of public funds for a specific purpose.

ARRAY OF CARE: As defined in IC 12-7-2-40.6, a range of services for mental health or addiction consumers assured by a community mental health center or a managed care provider.

ASSERTIVE COMMUNITY TREATMENT (ACT): an intensive mental health program model in which a multidisciplinary team of professional serves consumers who do not readily use clinic-based services, but who are often at high risk for psychiatric hospitalization.

ASSESSMENT INSTRUMENT: Used by the DMHA's managed care providers to establish clinical eligibility for the Hoosier Assurance Plan. Costs, service, and outcome data are measured by the two instruments, (1) the Hoosier Assurance Plan Instrument-Adults (HAPI-A), and (2) the Hoosier Assurance Plan Instrument-Children (HAPI-C).

BEHAVIORAL HEALTH CARE: Care and treatment for behavioral, emotional, and mental problems and disorders, including mental illness, alcohol and drug dependencies, addiction, mental retardation and developmental disabilities.

BLENDED FUNDING: A consolidation of various state and federal funds into one account.

BLOCK GRANT: An allotment of funds to the state each fiscal year in an amount based on the state's submitted plan. DMHA receives two federal block grants from SAMHSA, (1) the Community Mental Health Services (CMHS) block grant, and (2) the Substance Abuse Prevention and Treatment (SAPT) block grant. The CMHS block grant funds are to be expended only for the purpose of:

- (A) Carrying out the plan submitted by the state providing comprehensive community mental health services to adults with SMI and children with SED;
- (B) evaluating the programs and services carried out under the plan; and
- (C) planning, administration, and educational activities related to providing services under the plan.

The SAPT block grant funds are to be expended only for the purpose of planning, carrying out, and evaluating activities to prevent and treat substance abuse and for related activities.

CASE MANAGEMENT: Goal-oriented activities that locate, facilitate, provide access to, coordinate, or monitor the full range of basic human needs, treatment, and service resources for individuals. Intensive case management assertively monitors those individuals at risk of noncompliance with beneficial treatment regimens.

CERTIFICATION: Governmental regulatory process that establishes good standing for certain health care practitioners and organizations or programs through evaluation of minimum standards and safety practices. The Division of Mental Health and Addiction certifies addiction services providers, community mental health centers, residential care providers, managed care providers, and sub-acute care units.

CHRONIC ADDICTIVE DISORDER (CA): Sometimes referred to as substance abuse (SA). A disorder in which:

- (A) The individual has a substance-related disorder diagnosed under the DSM-IV (American Psychiatric Association, 2000);
- (B) the individual experiences significant functional impairments in two of the following areas:
 - activities of daily living,
 - interpersonal functioning,
 - ability to live without recurrent use of chemicals, and/or
 - psychological functioning;
- (C) the duration of the addiction has been in excess of 12 months. However, individuals who have experienced amnesic episodes (blackouts), or have experienced convulsions or other serious medical consequences of withdrawal from a chemical abuse, or who display significant dangerousness as a result of chemical use, do not have to meet the durational requirement; and

(D) in the professional opinion of the clinical staff of the MCP, the person is considered to be Chronically Addicted.

CHRONICALLY ADDICTED WOMAN WITH DEPENDENT CHILDREN OR PREGNANT:

- (A) The individual shall meet the definition of Chronically Addicted; and
- (B) have dependent children receiving child care, or be pregnant at the date of enrollment; or
- (C) women who are attempting to regain custody of their children

COMMUNITY-BASED CARE: The assortment of health and social services provided to an individual or family in the community for the purpose of promoting, maintaining, and/or restoring health and self-sufficiency and minimizing the effects of illness and disability.

COMMUNITY MENTAL HEALTH CENTER (CMHC): A provider of mental health and addiction services that meets the following conditions:

- (A) Is approved by the Division of Mental Health and Addiction;
- (B) is organized for the purpose of providing multiple services for persons with mental illness or a chronic addictive disorder; and
- (C) is operated by an approved entity described in IC 12-7-2-38.

COMPULSIVE GAMBLING ADDICTION: Disorder in which:

- (A) An individual who meets criteria for Axis-1 diagnosis of pathological gambling as set out in the DSM-IV (American Psychiatric Association, 2000), Diagnosis 321.31, Pathological Gambling; and
- (B) the individual continues gambling behavior despite repetitive harmful consequences.

CONSUMER: A person who has received or is receiving mental health or addiction services.

CO-OCCURRING DISORDERS: Persons with co-occurring disorders of mental illness and substance abuse.

CRITICAL POPULATIONS: Critical populations include individuals/groups who have been under-served and/or omitted from receiving mental health and addiction services. This includes, but is not limited to: African Americans, Hispanics/Latino, Asian/Pacific Islanders, Native Americans, homeless, older adults, the deaf and hard-of-hearing, migrants, persons with physical disabilities, and persons with HIV/AIDS.

CULTURAL COMPETENCE: Cultural competence is a set of congruent behaviors, attitudes, and policies that come together in a system, agency, or among professionals and enables this system, agency, or professionals to work effectively in cross-cultural situations.

DEAF CHRONIC ADDICTION (Hard of Hearing):

- (A) A person who meets the diagnostic criteria of being Chronically Addicted; and
- (B) meets the definition of Deaf/Hearing Impaired

DEAF GAMBLING (Hard of Hearing):

- (A) A person who meets the diagnostic criteria of Compulsive Gambling Addiction; and
- (B) meets the definition of Deaf/Hearing Impaired.

DEAF SERIOUSLY EMOTIONALLY DISTURBED (Children; Hard of Hearing):

- (A) A person who meets the diagnostic criteria of being Seriously Emotionally Disturbed; and
- (B) meets the definition of Deaf/Hearing Impaired.

DEAF SERIOUSLY MENTALLY ILL (Adults; Hard of Hearing):

- (A) A person who meets the diagnostic criteria of being Seriously Mentally ill; and
- (B) meets the definition of Deaf/Hearing Impaired.

DEVELOPMENTAL DISABILITY (DD): A disability which usually is first evident in infancy, childhood, or adolescence and which is characterized by delays in the acquisition of cognitive, language, motor, or social skills. Examples are mental retardation, epilepsy, and autism.

DSM-IV: The Diagnostic and Statistical Manual of Mental Disorders 4th Edition, developed by the American Psychiatric Association (2000), which defines and classifies mental and addictive disorders.

DUALLY DIAGNOSED: Refers to either (1) persons with a co-existing mental illness and substance abuse disorder, or (2) persons with a co-existing mental illness and a developmental disability.

EXPENDITURE: Accounting of actual dollars spent during a specified time-period, usually a state fiscal year (SFY). **FEDERAL FISCAL YEAR (FFY):** The one-year period of time from October 1 of one year to September 30 of the following year.

FUNDING: As used in this report, a term describing dollars allocated, appropriated, or expended, or a combination thereof.

GATEKEEPER: An entity actively involved in the evaluation, planning, treatment, and transition back into the community of an individual committed to a state behavioral health hospital administered by the Division of Mental

Health and Addiction (DMHA). Gatekeepers include the community mental health centers, addiction treatment providers, a Division of Disability, Aging and Rehabilitation Services (DDARS) case manager, and the Division of Mental Health and Addiction.

GRANT-IN-AID: A financial award to enhance the mission of an organization. The organization's access to this type of funding is not usually tied to performance criteria.

HAPI-A: Hoosier Assurance Plan Instrument-Adult. Used by the DMHA's managed care providers to establish adult clinical eligibility for the Hoosier Assurance Plan. Costs, service, and outcome data are measured.

HAPI-C: Hoosier Assurance Plan Instrument-Child. Used by the DMHA's managed care providers to establish child and adolescent clinical eligibility for the Hoosier Assurance Plan. Costs, service, and outcome data are measured.

HOOSIER ASSURANCE PLAN (HAP): The Division of Mental Health and Addiction managed care strategy designed to reform the method of funding and the delivery of mental health and addiction services by the state of Indiana.

LICENSURE: Governmental regulatory process which establishes good standing for health care practitioners, organizations, or programs through evaluation of minimum standards and safety practices. The Division of Mental Health and Addiction licenses supervised group living facilities and private mental health institutions.

MANAGED CARE: Various strategies that seek to optimize the value of provided services by controlling their cost and utilization, promoting their quality, and measuring performance to ensure cost-effectiveness.

MANAGED CARE PROVIDER (MCP): In Indiana, a non-profit entity that provides mental health and/or addiction services, has the administrative capacity to provide an array or continuum of care in the least restrictive appropriate setting, and has entered into a provider agreement with the Division of Mental Health and Addiction.

MEDICAID: A joint federal-state program which finances health care for low-income and/or categorically eligible people.

MEDICAID REHABILITATION OPTION (MRO): A means of paying for community-based outpatient and case management mental health services through community mental health centers for Medicaid-eligible persons using a combination of state and federal dollars.

MENTAL ILLNESS (**MI**): All forms of illness in which psychological, emotional, or behavioral disturbances are the dominating feature and which can substantially diminish the capacity for coping with ordinary demands of life. See "Serious Mental Illness."

METHADONE: An organic compound used in treating heroin and other opioid dependence.

MONTHLY ENROLLMENT & REIMBURSEMENT REPORT (MERR): Are port once submitted to DMHA by its mental health and addiction managed care providers listing contract information regarding clients and which produced enrollment and the subsequent verification of reimbursement for these clients. System now obsolete.

OUTCOME MEASURES: A technology for measuring consumer experience designed to help consumers, payers, and providers make rational health care-related choices based on better insight into the effect of these choices on the consumer's life.

OUTPATIENT SERVICES: Services received by non-hospitalized persons consisting of periodic contact of short duration, including such activities as medication monitoring, ambulatory detoxification, social club, and individual, family, and group therapy.

PARITY: Insurance coverage comparability between mental health care and addiction services benefits and general medical/surgical benefits.

PARTIAL HOSPITALIZATION: Ambulatory treatment, available four or more hours per day, four or more days per week, which offers major diagnostic, medical, psychiatric, psychosocial, pre-vocational, and educational modalities for patients with serious psychiatric disorders requiring coordinated, intensive, comprehensive multidisciplinary treatment not available in an outpatient clinical setting.

POVERTY: As defined by the federal government, a person is "in poverty" if the household in which the person resides has an annual income below a predetermined level.

PREVALENCE: In epidemiology, the total number of cases of a condition or illness in a given population over a specified period of time, usually a year.

PREVENTION: A multi-faceted proactive process consisting of education, consultation, and other activities that empower individuals and promote healthy behaviors and lifestyles.

PREVENTION ACTIVITIES: A structured series of activities designed to provide continuing services to participating youth from a target audience over a period of time sufficient to produce a predictable impact upon substance-using behavior.

PROVIDER PANEL MEMBER: An entity that is a subcontractor of a managed care provider to provide one or more services as a part of an array, or continuum, of care.

PROVIDER PROFILE REPORT CARD: A report published annually by DMHA that assesses a provider's effectiveness related to delivery of purchased services, particularly accessibility and acceptability of services to consumers and value of the service determined by objective measurement of consumer-related outcomes.

QUARTERLY SERVICE PROFILE REPORT (QSPR): Report submitted to DMHA be certified managed care providers for services to adults with serious mental illness, children and adolescents with serious emotional disturbance, and persons with chronic addictive disorders, listing client-based revenue and service data for each HAP enrollee. System now obsolete.

RESIDENTIAL SERVICES: Services provided in a variety of 24-hour settings to consumers who can benefit from a comprehensive range of treatment and habilitative/rehabilitative services, including education, group, individual, and family and skills therapy. Category includes: Supervised Group Living (SGL), Alternative Family for Children and Adolescents (AFC), Alternative Family for Adults (AFA), Semi-independent Living programs (SILP), and Sub-acute Stabilization programs for mental health consumers, and transitional residential (halfway house) services for persons with chronic addictive disorders.

RURAL COUNTY: Per the U.S. Census Bureau, a county with less than 100 persons per square mile.

SCHIZOPHRENIA: A major mental disorder of unknown cause typically characterized by a separation between the thought processes and the emotions, a distortion of reality accompanied by delusions and hallucinations, a fragmentation of the personality, motor disturbances, and bizarre behavior, often with no loss of basic intellectual functioning.

SERIOUS EMOTIONAL DISTURBANCE (SED; Less Than 18 Years of Age): Childhood disorder in which:

- (A) The child has a mental illness diagnosis under the DSM-IV (American Psychiatric Association, 2000);
- (B) the child experiences significant functional impairment in at least one of the following areas:
 - activities of daily living,
 - interpersonal functioning,
 - · concentration, persistence and pace, or
 - adaptation to change;
- (C) the duration of the disorder has been, or is expected to be, in excess of 12 months. Children who have experienced a situational trauma and who are receiving services in two or more community agencies do not have to meet the durational requirement; and
- (D) in the professional opinion of the clinical staff of the MCP, the child is considered to be Seriously Emotionally Disturbed.

SERIOUS MENTAL ILLNESS (SMI): Adult disorder in which:

- (A) The individual has a mental illness diagnosis under the DSM-IV (American Psychiatric Association, 2000);
- (B) the individual experiences significant functional impairment in two of the following areas:
 - activities of daily living,
 - interpersonal functioning,
 - concentration, persistence and pace, and/or
 - · adaptation to change; and
- (C) the duration of the mental illness has been, or is expected to be, in excess of 12 months. Adults who have experienced a situational trauma do not have to meet the durational requirement; and
- (D) in the professional opinion of the clinical staff of the MCP, the person is considered to be Seriously Mentally III.

SHAPE: Serving the Hoosier Assurance Plan through Education. An initiative designed to help consumers understand the Hoosier Assurance Plan and to help them locate a provider of mental health and/or addiction services in their geographical area. (Due to budget constraints, this program was terminated in July 2002.)

SOF (**STATE OPERATED FACILITY**): These facilities are also referred to as state psychiatric hospitals. **STATE FISCALYEAR** (**SFY**): In Indiana, the one-year period of time from July 1 of one year to June 30 of the

following year. **SUBSTANCE ABUSE (SA)**: See "Chronic Addictive Disorder."

SUPPORTED EMPLOYMENT PROGRAMS: Programs providing an array of services to help assure the successful participation of persons with a mental illness in competitive work.

SYNAR AMENDMENT: Federal law requiring states to adopt and enforce laws that make it illegal to sell tobacco products to minors.

TARGET POPULATIONS: Populations eligible for DMHA funding, which are: seriously mentally ill adults (SMI), seriously emotionally disturbed children and adolescents (SED), and persons with a chronic addictive disorder (CA or SA).

TREATMENT: Methods employed to attain, maintain, and/or re-establish emotional and/or physical health as well as maximum growth and adaptive capabilities.

URBAN COUNTIES: Per the U.S. Census Bureau, counties with more than 100 persons per square mile.

WRAPAROUND: A process for planning the delivery of comprehensive child and family-centered services and supports through flexible service plans that tie interventions to the strengths of the individual, family, teacher, and other service providers.

Acronyms

ACT Assertive Community Treatment
AIDS Acquired Immune Deficiency Syndrome

AIS Addiction Integrated Services
ATOD Alcohol, Tobacco and Other Drugs

BBB Building Bright Beginnings

BDD Bureau of Developmental Disabilities

CA Chronically Addicted or Chronic Addictive Disorder. May be referred to as SA or Substance Abuse.

CAFAS Child and Adolescent Functional Assessment Scale: Miniscale Version

CCATP Cultural Competency Action Training Project CCRC Continuing Care Retirement Communities

CHINS Children in Need of Services

CHIP Children's Health Insurance Program
CMHC Community Mental Health Center

CMHS Center for Mental Health Services (federal)

CMHS Community Mental Health Services (federal block grant)

CSAP Center for Substance Abuse Prevention (federal)
CSAT Center for Substance Abuse Treatment (federal)

CSDS Community Services Data System
CTF Community Transition Fund
DCA Deaf Substance Abuse

DD Developmental Disability or Developmentally DisabledDDARS FSSA Division of Disability, Aging and Rehabilitative Services

DED Deaf Serious Emotional DisturbanceDFC FSSA Division of Family and Children

DGM Deaf Gambling

DMHA FSSA Division of Mental Health and Addiction

DMI Deaf Serious Mental IllnessDOC Indiana Department of CorrectionDOE Indiana Department of Education

DSM-IV Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition

EDS Electronic Data Systems, Inc.

EPCC Evansville Psychiatric Children's Center

ESH Evansville State Hospital **FDA** Food and Drug Administration

FFY Federal Fiscal Year **FPL** Federal Poverty Level

FSSA Indiana Family and Social Services Administration

GAM Compulsive Gambling Disorder

HAP Hoosier Assurance Plan
HAPI-A Hoosier Assurance Plan Instr

HAPI-A Hoosier Assurance Plan Instrument-Adults
HAPI-C Hoosier Assurance Plan Instrument-Children
HCFA Health Care Financing Administration
HIV Human Immunodeficiency Virus

HUD U.S. Department of Housing and Urban Development

IAC Indiana Administrative Code

IC Indiana Code

ICCMHC Indiana Council of Community Mental Health Centers ICF/MR Intermediate Care Facilities/Mentally Retarded

ICMHSR Indiana Consortium for Mental Health Services Research

ICST Incompetent to Stand Trial

IPRC Indiana University Prevention Resource Center

ISDH Indiana Department of Health

III Indiana University

JCAHO Joint Commission on Accreditation of Healthcare Organizations
KDA Knowledge Development and Application Program (federal)

KEY Knowledge Empowers You
LCC Local Coordinating Councils
LCH Larue D. Carter Memorial Hospital
LSH Logansport State Hospital

MCMHA Marion County Mental Health Association

MCP Managed Care Provider

MERRMonthly Enrollment and Reimbursement ReportMHACDMHA Mental Health Advisory CouncilMHSPYMental Health Services Program for YouthMIMental Illness. See Serious Mental Illness (SMI).

MICA Mental Health - Chemical Addiction Unit

MRO Medicaid Rehabilitation Option
MSH Madison State Hospital

NASADAD National Association State Alcohol and Drug Association Directors
NASMHPD National Association of State Mental Health Program Directors

OMPP FSSA Office of Medicaid Policy and Planning

OVR Office of Vocational Rehabilitation

PASARR Pre-Admission Screening and Resident Review

PATH Programs for Assistance in Transition from Homelessness

P.L. Public Law

PSUPP Prenatal Substance Use Prevention Program

QSPR Quarterly Service Profile Report

RADAR Regional Alcohol and Drug Awareness Resource

RCO Regional Coordinating Offices
RSH Richmond State Hospital

SA Substance Abuse. May be referred to as CA, or Chronic Addiction.

SAMHSA Substance Abuse and Mental Health Services Administration (federal)

SAPT Substance Abuse Prevention and Treatment (federal block grant)

SECT Supported Employment Consultation and Training Center - Anderson CMHC

SED Serious Emotional Disturbance, or Seriously Emotionally Disturbed

SFY State Fiscal Year

SGL Supervised Group Living Residential Program

SHAPE Serving the Hoosier Assurance Plan through Education

SILP Semi-Independent Living Residential Program

SMI Serious Mental Illness, or Seriously Mentally Ill. May be referred to as MI.

SMO Persons Receiving Only Methadone Treatment

S+C Shelter Plus Care

SOF State Operated Facility. May be referred to as State Psychiatric Hospital.

SPH State Psychiatric Hospital

SPRANS Special Projects of Regional and National Significance

SSD Social Security Disability
SSI Supplemental Security Income

SWD Chronically Addicted Women with Dependent Children or Pregnant

TRIP Tobacco Retail Inspection Program